



**Strong Start to reading™**  
"Making a difference in the life of a child"



### What you need:

Pudding  
Zip lock bag  
Plate or cookie sheet

### Playing the Game:



### Learning Connections:

This activity provides opportunities to

- develop a knowledge of the letters of the alphabet including the sounds they make.
- automatically read and understand some high frequency words.
- develop control of small muscles.

## Squeeze a Letter or Word



1. Fill a small zip lock sandwich bag with pudding.
2. Cut off one bottom corner of the bag and zip up the top.
3. Squeeze out the pudding to make letters or words on the plate.
4. Lick the plate when done.



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### What you need:

- A large piece of paper or cardboard
- Marker
- Toy vehicle
- Empty paper towel tubes

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## Letter and Word Roads



1. Print letters or words on the cardboard or paper (you could also use chalk on the sidewalk or other paved area).
2. Drive around the letters with a toy vehicle.
3. Use empty paper towel or toilet roll tubes to create tunnels between the letters of a word.
4. Chant the name of the letter, the sound the letter makes or the letters in the word as you drive using an "engine" voice.



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### What you need:

Weather appropriate clothes  
Clipboard  
Paper and pencil

### Playing the Game:



### Learning Connections:

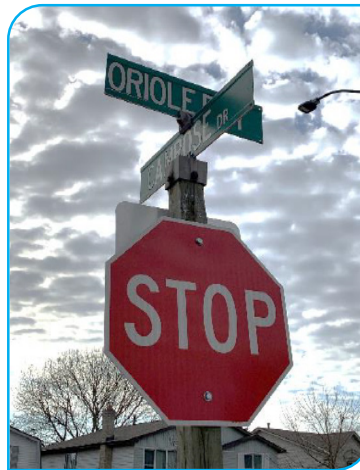
This activity provides opportunities to

- develop a knowledge of the letters of the alphabet including the sounds they make.
- automatically read and understand some high frequency words.
- develop an awareness of surroundings.
- identify similarities and differences in environments.
- develop an awareness that text can convey ideas or messages.

## Letters and Words Outside



1. Go for a walk in your neighbourhood.
2. Look for letters and words or little words in bigger words, on signs or other places.
3. As you find them, name the letters, the sound each letter makes or read the word.
4. Record the letters, sounds or words that you find using your clipboard.



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